

TRANSGENDER RESOURCE LIST

SUPPORT GROUPS:

Laura's Playground lauras-playground.com

Online support; transgender chat, forums & members pages.

Parents of Transgender Children Facebook Group

A group that aims to give and receive support to and from other parents of transgender children (young and grown). This includes gay, lesbian, effeminate, "butch" and any child for whom a parent is "gender" concerned. Open to other family members and loved ones as well.

UPCOMING CONFERENCES:

Philadelphia Trans-Health Conference – 3 days in June each year, Pennsylvania Convention Center. www.trans-health.org

Focus is on promoting transgender health and wellness in mind, body, spirit, and community.

Gender Odyssey – 4 days in August each year, Seattle, WA www.genderodyssey.org
An international conference for transgender and gender-nonconforming people. Workshops, discussion groups, social events & entertainment.

Gender Spectrum Conference – 3 days in July each year, Moranga, CA
www.genderspectrum.org

A conference designed to help families, educators, professionals and organizations understand and address the concepts of gender identity and expression in children and teens.

Trans Youth Summit – July of each year www.masstpc.org/community-events/tys/trans-youth-summit/ Microsoft New England Research & Development Center (NERD), Cambridge

Goal is for transgender youth & friends aged 13-22 from Massachusetts and Greater New England to meet and connect with other transgender and gender-variant youth. Youth will share ideas, learn about their legal rights, learn about the larger transgender community, and participate in workshops and fun activities.

Parents of Trans Youth Summit – same day & building.

Parents/guardians activities include: addressing legal issues and advocating for your child, health care, and time for networking and guided support groups.

True Colors Conference – March of each year in Storrs, CT www.ourtruecolors.org

True Colors works with other social service agencies, schools, organizations, and within communities to ensure that the needs of sexual and gender minority youth are both recognized and competently met. The organization organizes the largest LGBT annual youth

conference in the country with more than 2000 attendees and manages the state's only LGBT mentoring program.

GENERAL TRANSGENDER RESOURCES:

National Center for Transgender Equality <http://transequality.org/>

A social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment. Monitors federal activity, educates congress, provides technical assistance and training to transpeople and allies.

Massachusetts Transgender Political Coalition www.masstpc.org

Dedicated to ending discrimination on the basis of gender identity and gender expression. Educates public, advocates with state, local, and federal government, engages in political activism, and encourages empowerment of community members through collective action.

Intersex Society of North America www.isna.org

Resource for clinicians, parents, and affected individuals who require basic information about disorders of sex development (DSDs) and for how to improve the health care and overall well-being of people with DSDs.

Jim Collins Foundation jimcollinsfoundation.org

Mission is to provide financial assistance to transgender people for gender-confirming surgeries. Grant application on website.

GENERAL LGBT SUPPORT RESOURCES

Trevor Project <http://www.thetrevorproject.org/> 866-4-U-TREVOR (866-488-7386).

The only nationwide, around-the-clock crisis and suicide prevention lifeline for LGBTQ youth. Free and confidential service that offers hope and someone to talk to, 24/7. Accredited as an exemplary crisis intervention program by the American Association for Suicidology (AAS).

It Gets Better Project (www.itgetsbetter.org)

A place where LGBT young people can see how love and happiness can be a reality in their future. Straight allies can visit and support their friends and family members. People can share their stories, take the It Gets Better Project pledge, watch videos of love and support, and seek help through the Trevor Project and GLSEN.

Family Equality Council (www.familyequality.org)

Works to ensure equality for LGBT families by building community, changing hearts and minds, and advancing social justice for all families.

Human Right Campaign (www.hrc.org)

Largest civil rights organization working to achieve equality for LGBT Americans. Advocates, mobilizes grassroots actions, invests strategically to elect fair-minded individuals to office and educates public about LGBT issues. Visit <http://www.hrc.org/resources/category/transgender>

Family Acceptance Project (familyproject.sfsu.edu)

A community research, intervention, education and policy initiative that works to decrease major health and related risks for lesbian, gay, bisexual and transgender (LGBT) youth

TRANSGENDER RESOURCES RELATED TO CHILDREN & YOUTH:

TransYouth Family Allies (TYFA) www.imatyfa.org

TYFA empowers children and families by partnering with educators, service providers and communities to develop supportive environments in which gender may be expressed and respected.

Camp Aranu'tiq

A weeklong, overnight summer camp for transgender and gender-variant youth ages 8 – 15, with locations in New England and California. Mission is to provide transgender and gender-variant youth with a safe, fun, and unique outdoor camp experience and to foster leadership skills in a place where campers are able to express gender however they are comfortable and connect with others in similar situations. (Camp is filled for 2013, but moving to larger location for 2014)

Camp Lightbulb www.camplightbulb.org

Four 1-week sessions for LGBT teens at Coastal Acres Campground in Provincetown. Mission is to provide a safe, supportive and fun camp experience, incorporating Provincetown's unique place in American history, as an artists' colony, and as a vibrant LGBT haven.

Trans Youth Equality Foundation (www.TransYouthEquality.org)

Provides education, advocacy and support for transgender and gender non-conforming children and youth and their families.

Gender Management Service (GeMS) Clinic, Boston Children's Hospital

(www.childrenshospital.org)

First major program in the United States to focus on Gender Identity Disorder in children and adolescents.

Gender Spectrum (www.genderspectrum.org)

Gender Spectrum provides consultation, training and events designed to help families, educators, professionals, and organizations understand and address the concepts of gender identity and expression. Our accessible, practical approach is based on research and experience, enabling our clients to gain a deeper understanding of gender all along the spectrum. Focus is on children & teens. Holds conference in California.

TransKids Purple Rainbow Foundation (www.transkidspurplerrainbow.org)

Educates schools, peers, places of worship, the medical community, government bodies, and society in general, in an effort to seek fair and equal treatment of all trans youth. Site has many stories & news clips.

TRANSGENDER RESOURCES FOR EDUCATORS:

Guidance for Massachusetts Public Schools Creating a Safe and Supportive School Environment - Nondiscrimination on the Basis of Gender Identity – issued on 02/15/2013
www.doe.mass.edu/ssce/safety.html

Best Practices for Serving Transgender and Gender Non-Conforming Students in Schools, published 11/2012 by the Massachusetts Transgender Political Coalition Policy Committee
<http://www.masstpc.org/wp-content/uploads/2013/02/MTPC-2013-K-12-Best-Practices.pdf>

Responsive School Practices to Support Lesbian, Gay, Bisexual, Transgender, and Questioning Students and Families, by Emily S. Fisher & Kelly S. Kennedy, 2012.
A book for school-based mental health professionals. (available on Amazon)

The Massachusetts Commission on Gay, Lesbian, Bisexual and Transgender Youth
www.mass.gov/cgly

An independent agency of the Commonwealth which recommends and advocates to all branches of state government effective policies, programs, and resources for GLBT youth to thrive. FY2012 recommendations available on website.

GLSEN (Gay, Lesbian & Straight Education Network) www.glsen.org
National organization which strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. Visit www.thinkb4youspeak.com for GLSEN's 5-page teacher's guide for discussing and addressing anti-LGBT language and harassment among teens.

FOR CHILD CARE PROVIDERS:

Best Practice Guidelines for Serving LGBT Youth in Out-of-Home Care , 2006
familyproject.sfsu.edu/publications

Guidelines for policy and practice for serving LGBT youth in child welfare and juvenile justice settings. Written by experts in the field and published by the Child Welfare League of America

LEGAL ASSISTANCE RESOURCES

GLAD (www.glad.org/rights/massachusetts)

New England's leading legal rights organization dedicated to ending discrimination based on sexual orientation, HIV status and gender identity and expression.

American Civil Liberties Union (<http://www.aclu.org/>)

The ACLU also works to extend rights to segments of our population that have traditionally been denied their rights, including people of color; women; lesbians, gay men, bisexuals and transgender people; prisoners; and people with disabilities.

Lambda Legal (<http://www.lambdalegal.org/>)

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work.

Transgender Legal Defense and Education Fund (www.transgenderlegal.org)

TLDEF is committed to ending discrimination based upon gender identity and expression and to achieving equality for transgender people through public education, test-case litigation, direct legal services, community organizing and public policy efforts.

RECOMMENDED TRANSGENDER BOOKS

She's Not There: A Life in Two Genders, by Jennifer Finney Boylan, (biography) 2003.

Trans Forming Families: Real Stories About Transgendered Loved Ones, 3rd edition, by Mary Boenke, Ed., 2008.

Transgender 101: A Simple Guide to a Complex Issue, by Nicholas Teich, 2012.

Transgender Explained For Those Who Are Not, by Joanne Herman, 2009.

Trans-Kin: A Guide for Family & Friends of Transgender People, by Eleanor Hubbard & Cameron Whitley, ed., 2012.

Transparently: Behind the Scenes of a Good Life, by Lisa S. Salazar, 2011.

Family Members of Children/Teens

Mom, I Need To Be a Girl by Just Evelyn, 2007.

Two Spirits, One Heart: A Mother, Her Transgender Son and Their Journey to Love and Acceptance, by Marsha Aizumi, 2012.

Helping Your Transgender Teen: A Guide for Parents by Irwin Krieger, 2011.

The Transgender Child: A Handbook for Families and Professionals, by Stephanie Brill & Rachel Pepper, 2008.

Gender Born, Gender Made: Raising Health Gender-Nonconforming Children, by Diane Ehrensaft, PhD, 2011.

Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children, by Rachel Pepper, 2012.

Spiritual/Religious

Trans-gendered: Theology, ministry, and communities of faith, Justin Tanis 2003.

Transparently: Behind the Scenes of a Good Life, by Lisa S. Salazar, 2011.

Religion, Faith and The GLBT Community, a Ground Level View From a Faithful Exile, by Rev. Sarah Carpenter-Vascik, 2012.

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